

JAYPEE UNIVERSITY OF INFORMATION TECHNOLOGY, WAKNAGHAT
 TEST -2 EXAMINATIONS- 2026

B.Tech/BBA/BCA-II Semester (CSE/IT/BT/ECE/CE)

COURSE CODE (CREDITS): 25B11HS211 (3)

MAX MARKS: 25

COURSE NAME: Universal Human Values

COURSE INSTRUCTOR: NJL, RTK, ABC

MAX. TIME: 1 Hour 30 Min

Note: (a) All questions are compulsory.

(b) The candidate is allowed to make Suitable numeric assumptions wherever required for solving problems

(c) Use of calculator is not allowed

Q.No	Question	CO	Marks						
Q1	Kavya is a university student who has been preparing for her exams. Despite feeling mentally exhausted and stressed, she continues to study late into the night, skipping meals and sleep. Over time, she starts experiencing headaches, irritation, and lack of concentration. She realizes that although her body is tired, her desires and ambitions are pushing her to overwork. How can Riya apply self-regulation (सयम) to improve her well-being? Illustrate your answer with suitable examples from the case.	3	5						
Q2	a) Critically explain how the body acts as an instrument of the self in the roles of Seer, Doer, and Enjoyer. b) Give one suitable example each of Seer, Doer, and Enjoyer from your day-to-day life.	2	3+3						
Q3	Critically examine how the concept of harmony at the level of Society and Nature/Existence can be applied in real life to achieve sustainable and balanced living. Explain both levels briefly and support your answer with relevant examples .	4	3+2						
Q4	According to UHV framework, the activities of self are continuous. If you pay attention, you can understand that you have continuous imaginations. Provided below is a list of nine such activities. As you can see, there are three separate columns for desires, thoughts and expectations.	1	3+3+3						
	<table border="1"> <thead> <tr> <th>Desires</th> <th>Thoughts</th> <th>Expectations</th> </tr> </thead> <tbody> <tr> <td>My dream car has six seats. Its interior looks luxurious, and the seats are soft. Compared to my</td> <td>What colour car will I buy? My favorite colour is violet, but my dream car doesn't come in</td> <td>An image of my dream car is coming to my mind.</td> </tr> </tbody> </table>	Desires	Thoughts	Expectations	My dream car has six seats. Its interior looks luxurious, and the seats are soft. Compared to my	What colour car will I buy? My favorite colour is violet, but my dream car doesn't come in	An image of my dream car is coming to my mind.		
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previous car, this one is really good.	violet. Therefore, I will perhaps buy a blue one.	
I will have to study well this semester. To do that, I will have to manage my time and set priorities. If I don't do that, my scores will be poor, which will affect my career.	I have an image of a peaceful home where everyone is smiling and talking kindly to each other.	An incident that happened last week at home came to my mind. My brother was shouting, but maybe he had had a bad day at work. If I had responded calmly instead of shouting back, the tension would have decreased.
I will throw a party for my friends after the convocation. Should I go to Solan, Shimla, or Chandigarh? My favorite restaurant is in Solan and I like their food, so I will go there for the party.	I visualise the Honorable Vice Chancellor awarding me the "Best Student" award.	I visualise working in a glass-walled office as a Top Manager, leading a big team and earning a high salary.

However, the table provided above is incorrect. Make a correct table in the same format with right classifications of the same nine imaginations provided in the table as desires, thoughts and expectations.

You don't have to define or explain concepts. You don't have to write anything more. Just make a proper table with right classification of desires, thoughts and exceptions of the same imaginations provided in the table above.