

JAYPEE UNIVERSITY OF INFORMATION TECHNOLOGY, WAKNAGHAT

TEST -3 EXAMINATIONS- 2026

B. Tech-IV Semester (CSE/IT/BT/ECE/CE)

COURSE CODE (CREDITS): 25B1WHS432

MAX MARKS: 35

COURSE NAME: Career Readiness Blueprint: From Campus to Corporate

COURSE INSTRUCTOR: Dr Deler Singh

MAX. TIME: 2 Hours

Note: (a) All questions are compulsory.

Q. No	Question	CO	Marks
Q1	While transitioning from an academic environment to a corporate tech role, why is self-awareness important? Using Johari window model, explain how can engineers increase their awareness about self and others. Make a suitable diagram to support your answer.	CO 4	7
Q2	As a B. Tech fresher, why is adaptability more valuable than your existing technical skill? With the help of suitable examples, explain the ADAPT framework for adaptability.	CO 4	7
Q3	As a B. Tech student, suppose you have three deadlines in the same week; a DSA assignment, a group project report, and preparation for a placement aptitude test. Describe time management strategies to handle all three without last-minute stress. Include at least two specific techniques.	CO 4	7
Q4	Differentiate between eustress and distress with the help of the Stress Performance Curve (Yerkes Dudson Curve diagram). Suggest at least two strategies that students may use to reduce academic and general stress in their lives.	CO 5	7
Q5	What are five pillars of maintaining healthy workplace relationships. Explain each with the help of a real life example.	CO 5	7