JAYPEE UNIVERSITY OF INFORMATION TECHNOLOGY, WAKNAGHAT

TEST -1 EXAMINATION- 2026

B.Tech-III Semester (CSE/IT/BT/ECE/CE)

COURSE CODE (CREDITS):23B11HS311 MAX. MARKS: 15

COURSE NAME: Life Skills and Interpersonal Dynamics

COURSE INSTRUCTOR: TNS MAX. TIME: 1 Hour

Note: *All questions are compulsory.*

Q.No	Question	CO	Marks
Q1	Define attitude and explain its determinants. How does attitude influence behaviour in the workplace?	CO[1]	1+3+2
Q2	Discuss how self-esteem, self-confidence, and self-motivation contribute to effective goal setting	CO[1]	5
Q3	Riya, a young marketing executive, has strong technical skills but struggles with teamwork. She often reacts defensively to feedback, which lowers her colleagues' morale. Her manager notices that while Riya is highly motivated, her emotional intelligence and attitude toward collaboration need improvement. Question: As an HR consultant, suggest strategies to help Riya improve her emotional intelligence and attitude. In your answer, highlight at least two EI components (e.g., self-awareness, empathy, self-regulation) and explain how they can enhance her workplace relationships and overall happiness	CO[1]	2+2

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