

JAYPEE UNIVERSITY OF INFORMATION TECHNOLOGY, WAKNAGHAT

TEST -3 EXAMINATION-2022

B.Tech-VII Semester (CS/IT/ECE/Civil/BT)

COURSE CODE (CREDITS): 19B1WBT732 (3)

MAX. MARKS: 35

COURSE NAME: Food Nutrition and Health Care

COURSE INSTRUCTORS: Dr. Udayabanu, M.

MAX. TIME: 2 Hours

*Note: All questions are compulsory. Marks are indicated against each question in square brackets.*

- Q1. Is it safe to use prescription drugs in combination with other medications? How prescription drugs misuse can be prevented? [5 Marks] (CO4)
- Q2. What is drug addiction? Design a strategy to prevent drug misuse and addiction. [5 Marks] (CO4)
- Q3. Drugs can alter a person's thinking and judgment, and can lead to health risks, including addiction, drugged driving, infectious disease, and adverse effects. Express your views on the following drugs [2 Marks Each] (CO4)
- Cocaine
  - Magic mushrooms
  - Heroin
  - Ketamine
  - Khat
- Q4. Justify that diabetes is a metabolic syndrome. How would you manage diabetes and discuss some medicines that are commonly prescribed? [5 Marks] (CO3)
- Q5. Value addition or fortification is done on food products. Give an example from a food/dietary product you have come across in your daily life. Explain the importance of the value addition. [5 Marks] (CO1,2)
- Q6. Can stress affect health and life style? How would you assess whether a person is under depression or not? Explain. [5 Marks] (CO3)